Carmel Valley Sun

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October 16, 1985 — October 30, 1985

Photo by Debi Effron.

A German treat made right here. — Page 3

News from the world of the Lottery. — Page 4

Benefit to offer music and dancing. — Page 8

LETTERS

Letters to the Editor are welcome from our readers. They must not be more than 250 words, and if possible, typed and double spaced. We reserve the right to edit, discard or return to the sender any letter which does not meet the standards of length or good taste. All letters must be signed legibly and include address and telephone number.

Love 'em, Don't Wear 'em

In regard to fur coats:

If being a compassionate person, who honors God's creatures rather than wears them, makes me one of "so many nuts loose these days" then I'm more than proud to be one! Snuggling up with a blanket of dead animal skins is not my idea of fun.

Man brings untold suffering to his animal companions on this earth; why can't we walk in peace and friendship together?

Jill Roberts

Too Many People, Too Little Love

The recent profile on Channel 54 of Jeannette Rankin, first woman to be elected to Congress and only member to vote against war in both WWI and WWII, reminded me of her equally famous sister, Edna Rankin McKinnon, who pioneered in the field of birth control at the invitation of Margaret Sanger in the days when it was a federal crime to disseminate birth control information.

Her travels to inner city slums as field consultant for Planned Parenthood and to far corners of the world for the Pathfinder fund supported by Clarence Gamble, are described in her often hiliarious biography, *Too Many Children, Too Little Love,* by Wilma Dykeman.

Edna, it seems, was willing to go any lengths to interest royalty on the "trickle down" theory that they could pull strings to set up clinics and serve as examples to be followed by their subjects.

Both great ladies, still lecturing well into their '80's, had ended up in Carmel Valley retirement homes. In fact, Mrs. McKinnon spoke on family planning to our local United Nations Association chapter when Charlotte Clark was president in 1976.

The book recalled the sole vote by James Buckley, leader of the U.S. delegation to the International Population Conference in Mexico City last summer *and the removal of 25% of the funding because one of its many services and advisory options might include abortion.*

In face of the fact that world population has doubled in the first 60 years of this century and will probably double again before the year 2000, of hungry, homeless and bulging jails in this country, in the sight on TV of rampant starvation in Africa, our president has the arrogance to criticize China for its policy of limiting families to one child.

Sole votes make strange bedfellows. Who's to say which is the greater threat, uncontrolled thermonuclear war or overpopulation?

Margot Hyatt
Carmel

They Must Know The Facts

COMSAT is still attempting to expand their Jamesburg facility in Cachagua Valley.

The citizens of Cachagua and Carmel Valley insisted that an Environmental Impact (EIR) study be done. California law allows COMSAT to select the company that writes the EIR. An EIR was prepared by ESA and submitted to the County. The Planning Commissioners will vote on October 30. Acceptance of the EIR is the first step towards acceptance of the plans and granting COMSAT permission to go ahead with this huge project. Following are a few of the statements in the EIR:

1. "The effects of microwave radiation from the project are projected to be insignificant..." (page 42, EIR). Although this statement was made in the EIR, the following statement was made in the EIR supplement. "The body of evidence...does not permit one to conclude that the potential for adverse health effects...is negligible." (page 2, EIR Supplemental Addendum). In other words, the EIR authors are **not even willing to guarantee the safety of the microwave radiation at the existing site.**

2. "Screening with native vegetation would decrease the visibility of new and existing structures..." (page 1 S-1) New and existing structures would be a total of three large antennas (equal to three 10 story buildings) and three smaller antennas (equal to three four story buildings) and a 44,000 *square foot building.*

3. The COMSAT facility is in a High Hazard earthquake zone, but the EIR states hat this is insignificant. (page RTC-18)

4.Views of the entire project are not available from any one parcl of the Estates..." (page 22).

5. The EIR repeatedly refers to the COMSAT facility as an industrial site.

6. Nowhere in the EIR are lowered property values considered.

7. "...these vehicles (COMSAT construction vehicles) will create unsafe road conditions." (page RTC-29). "...the trucks are long (42 ft.) and wide (8.5 ft.)" (page RTC-30). "...traffic congestion will be insignificant..." (page 30).

Write to the county and let them know your opinion of these statements before the cut off date of October 21st. The address is: Monterey County Planning Commission, Planning Department, P.O. Box 12088, Salinas, CA 93901.

The Planning Commissioners must know the facts.

Peggy Tillman
Ilene Franks, Secretary/Treasurer
Concerned Citizens Upper CV

Great, But Wait...

I really enjoyed the CVPOA Newsletter in your last issue. It would be a nice monthly addition to your great paper.

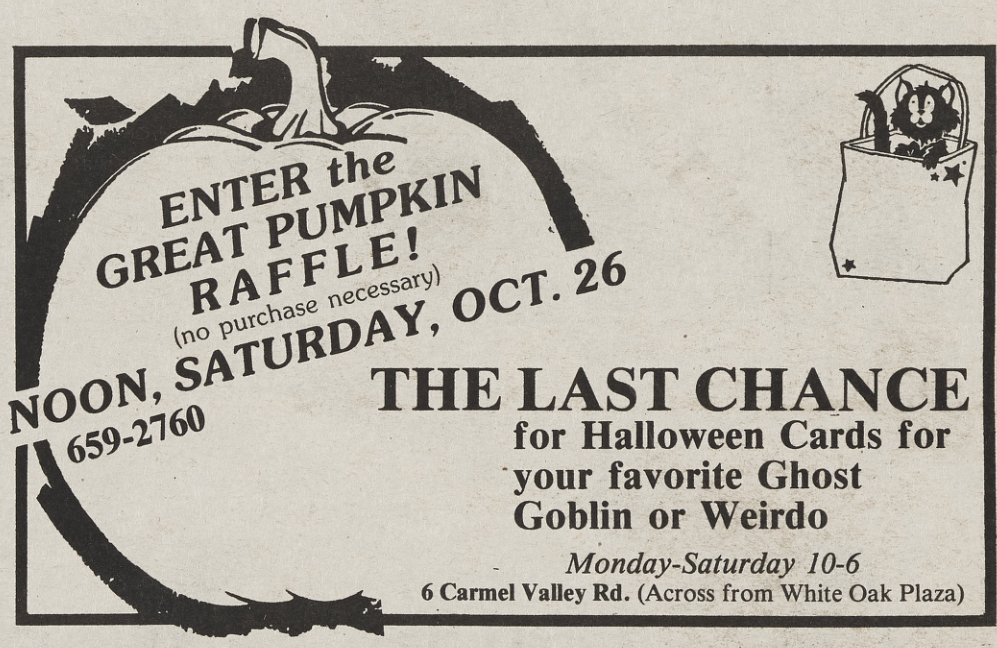
The photo submitted by Tom Augustitus is fantastic. I do question the date, however. I seem to remember the Grade being rebuilt in the 50's, and I don't recall Tom being old enough to carry a camera in the 40's.

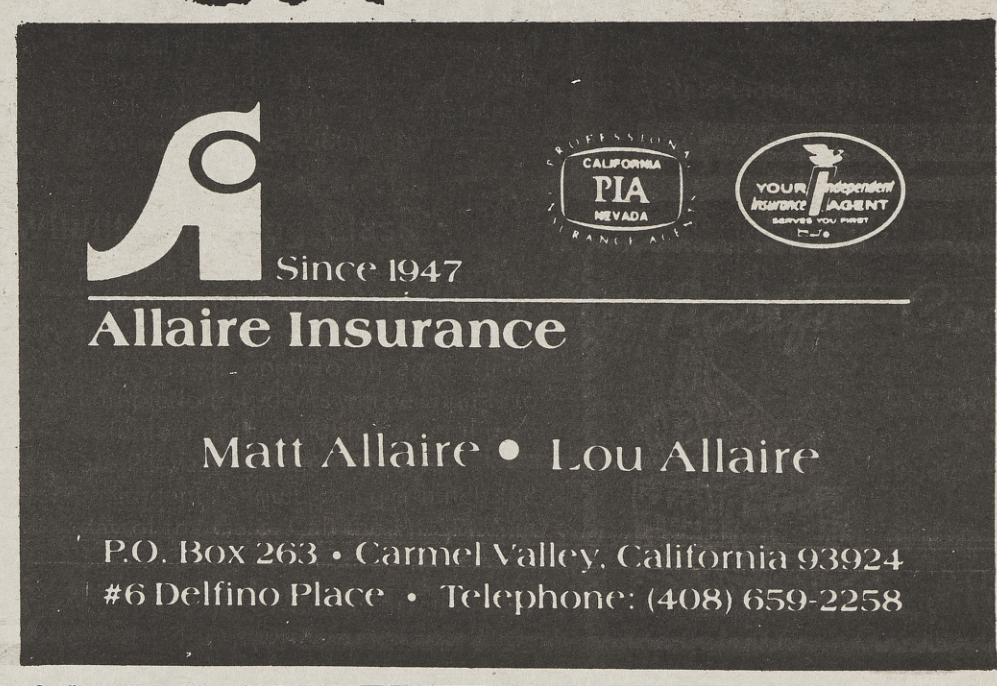
I am sure many people would be willing to contribute an old photo or two that would depict the valley as it once was, or ones showing changes taking place, as Tom's does.

Again, thanks for the newsletter insert. It has awakened my interst to a point that I just may join the CVPOA.

Pete Garneau

DEADLINE
For Next Issue:
October 18, 1985





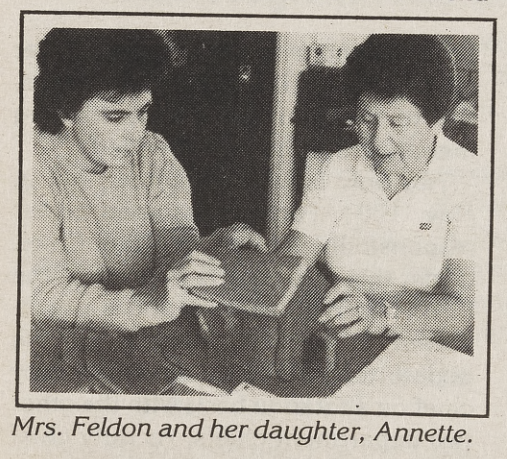
A German Tradition Continues In Carmel Valley

Dresden, East Germany is world renown for its china, but it has also become famous for a delicious treat that has come through the years as a favorite of kings, princes and commoners alike—it's genuine Dresden Stollen (pronounced Sh-to-len), a sweet, buttery tea cake chocked full of nuts, raisins and citroen and dusted with sugars. It is a German baking tradition that only comes about around Christmas time.

Locally, that tradition is being carried on by Irmgard Feldon with the help of her husband, Dargut, and her daughter, Annette Fleishcer.

Mrs. Feldon is filled with the traditions and history of this tasty treat and loves to tell its story.

She started by explaining that there was a king around the 1500's (I don't remember which one," she said) that loved Stollens and made them famous. The German bakers used to send Stollen all over the world.



Mrs. Feldon and her daughter, Annette.

It was not only the bakers who had the Stollen. Many of the housewives seemed to have their own favorite recipe but, according to Mrs. Feldon, the Stollen could not be made at home. "Their coal ovens were not good enough," she said. So, the women would make appointments and take all their ingredients to the baker. He would mix it and bake it for them. Since Stollen is a seasonal treat this is a part of the tradition that Mrs. Feldon also continues. Each year she makes arrangements with a local bakery to produce her cakes.

Mrs. Feldon got her start baking Stollen in 1939, after World War II began. She decided that with the war going on Germany would not be able to ship any Stollens anywhere and she was right. So, she started her own bakery.

Her first year in business she produced 70 pounds of Stollen in her home oven from the 18th of December to Christmas. In those days it wasn't easy she said. You had to cut the citoren yourself, clean the raisins and knead the dough by hand.

The following year she wound up making 70 Stollen (each Stollen can weigh 2, 3, 4 or 5 lbs.).

In later years as rationing hit she had to cut down on production but loyal Stollen fans always made sure she had the right ingredients. "My customers sent me butter coupons," said Mrs. Feldon. It is a key ingredient and what makes the cakes last so long—up to six months, she said.

In 1946 Mrs. Feldon rented her first store. In 1950 her husband was sent by his firm to Mexico so she sold the bakery. But about 10 years ago the firm that bought her bakery folded. "People started calling and asking me to make it so I started making it again."

In 1978 she and her family moved here to Carmel Valley bringing their wholesale business with them. Currently, she does business only by mail order. Her loyal customers have stayed with her and this year she expects to turn out 2,500 cakes. She and her daughter will also have gingerbread houses available, assembled or unassembled.

Voisiche

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Carmel Valley Sun

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The Cover

Saturday soccer games seem to be occupying kids of all ages these days. Games are held at the Carmel Middle School and are sponsored by the YMCA.

Is He Eligible For The Big Sweepstakes?

Though winning a $100 in the lottery should be a gleeful event, it turned out to be a major concern for Leroy Foster, who is the Secretary/Treasurer of Creative Balloons a supplier of self sealing balloons to major corporations. Recently he was a $100 winner, which could qualify him for even bigger prizes, but he's not sure his ticket will be valid.

Leroy, who said he has never gambled before, bought two lottery tickets on an impulse one day as he made his usual visit to Kasey's for lunch. Enthusiastically scratching off the latex, he produced a $2 winner.

After that, according to Leroy, he "got greedy" and went back and bought 12 more. That's when he found he was a $100 winner. Unknowingly, however, Leroy in his enthusiasm scratched off the ticket validation as well which voids the ticket if removed. Now the odds of winning a $100 ticket are around 4,000 to 1, but what are the odds of beating out an invalidated ticket?

It turns out the odds are pretty good. According to Mike Kucher, owner of Kasey's, the Lottery Commission will honor Leroy's ticket and he might just wind up an even bigger winner. All on an impulse.

The moral of the story, however, is be careful when you scratch the latex off your tickets. There might be a point when the Commission chooses not to honor the invalidated ones.

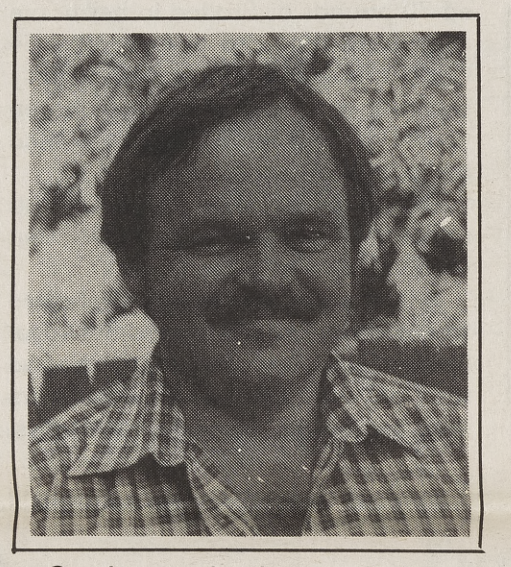
Randy Randazzo of Carmel Valley Market drawing the winner of his first lottery ticket.

In kicking off the lottery, Randy Randazzo, owner of Carmel Valley Market held a raffle for his very first lottery ticket. Though it produced no prize, the winner was Becky Sullivan.

Mike Kucher of Kasey's congratulating Leroy Foster on his $100 win.

More good news from the lottery scene at Kasey's. Kucher also reported he has a $5,000 winner. To our knowledge it is the biggest winner in the Village so far. The unfortunate thing is the winner was not a local. It was a Coalinga resident passing through on his way home. He stopped at Kasey's and bought 50 tickets and scratched them off on his way home producing a $5,000 winner. Not a bad return on his investment.

Parham Celebrates 20 Years With The Volunteers



October marks the twentieth year that Bill Parham has served as a Valley Volunteer with the Carmel Valley Fire Department. That's a long time to respond at a moment's notice to whatever emergency or fire might take place, not to mention the weekly training meetings that he has attended.

Not only is he a Volunteer, but in May, 1981, Parham assumed added responsibilities as an Assistant Chief. Under this title he acts in place of the Fire Chief in his absence and is also involved in master planning for the department. He also serves as duty chief on a rotation basis with the other two department chiefs. As duty chief he is responsible for all calls on evenings and weekends.

Parham's long association with the Volunteers is definitely an advantage to the volunteers and to the community. We hope that there are many more years ahead for him as a Valley Volunteer.

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Rec Program Kids Celebrate Coastal Week

Coastal Week was a peninsula wide celebration sponsored by the Board of Supervisors, and children in the Community Center After School Recreation Program participated by having a poster contest. The children were asked to show what they saw in the sea and on the coast.

Pictured with their prize-winning posters (their placement and their category) are Back Row: Amber Sherman (1st, K-2nd), Brenda Clapper (3rd, 3rd-5th); Middle: Evan Heath (1st, 3rd-5th), Lorna McDaniel (Honorable Mention, K-2nd), Brooke Andrews (2nd, 3rd-5th); Front: Johannah Brookes (2nd, K-2nd), Jessica McGrath-Walton (Honorable Mention, 3rd-5th), and John-John Pfeiffer (Honorable Mention, K-2nd). Not pictured is Lea Duarte who won 3rd, K-2nd.

Tularcitos Will Hold Its Fall Carnival

Friends and members of the Tularcitos Elementary School Community are once again invited to a day of old-fashioned carnival fun! The annual Tularcitos Fall Carnival will be held Saturday, October 26, from 11 a.m. to 4 p.m. at Tularcitos School on Ford Road in Carmel Valley.

There will be GREAT GAMES including the ever-popular goldfish toss, wheel of fortune, tidal wave, and more. A pocket clown will entertain with delightful prizes, while a face painter will decorate faces.

The farmer's market will offer bouquets of fresh cut flowers, and delicious fresh vegetables. Come do your weekend produce shopping while at the carnival.

Sumptuous food will be abundant: hamburgers, hot dogs, baked potatoes and nachos will be sold. Win a cake at the cake walk!

Admission is free. Tickets for game booths will be 25 cents each, five for $1. Proceeds from the carnival will be used by the Parent Club to help pay for activities such as field trips as well as supplies and equipment for use in classrooms.

Support Tularcitos—have a wonderful day with your friends and neighbors. We'll see you on October 26 at the carnival!

All Saints Event Will Be Held October 26

The annual Fall Festival at All Saints' Episcopal Day School will be held on Saturday, October 26 beginning at 11 a.m.

The Festival features carnival games, a haunted house, handcrafted items, gourmet foods, and a silent and live auction.

"The Sky's The Limit" is the theme for the event, which is the school's major fund raiser. Proceeds are used for imporvements in the school, as well as scholarships.

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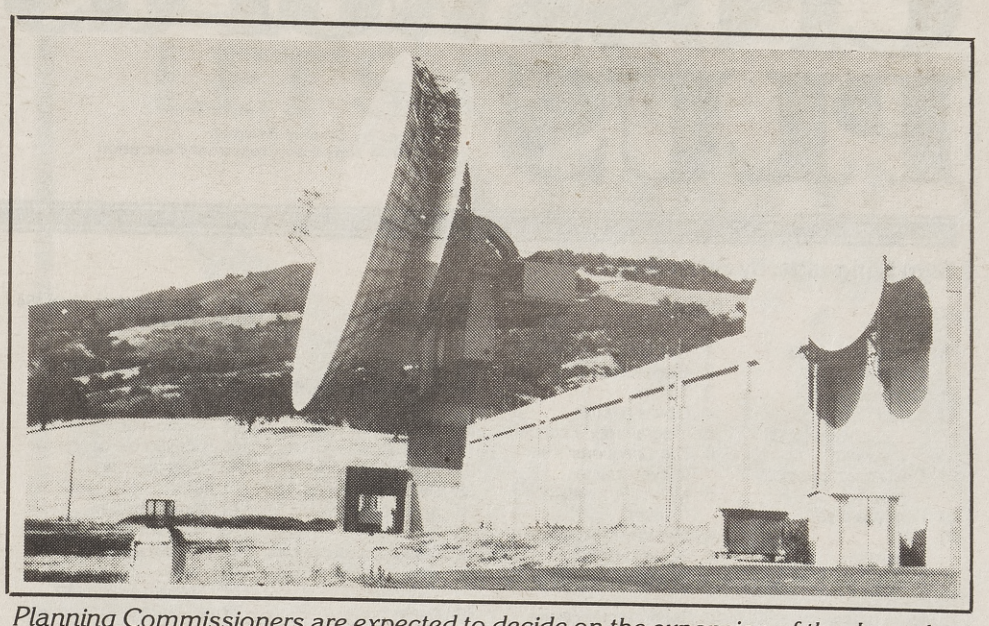


Planning Commissioners are expected to decide on the expansion of the Jamesburg Earthstation on October 30.

Commission To Decide On COMSAT Expansion

Unless the Planning Commission decides to continue it further, the issue of the expansion of the Jamesburg Earthstation will be settled on October 30 at 3 p.m. According to Zoning Administrator, Dale Ellis, at that time the Commission will consider not only the revised Environmental Impact Report on the project, but the use permit and expansion as well.

Earlier, at the request of concerned citizens, the Planning Commission agreed to continue the hearings to allow citizens more time to respond to the revisions. Written comments on the EIR, said Ellis, must be submitted, with 15 copies, by noon, October 21.

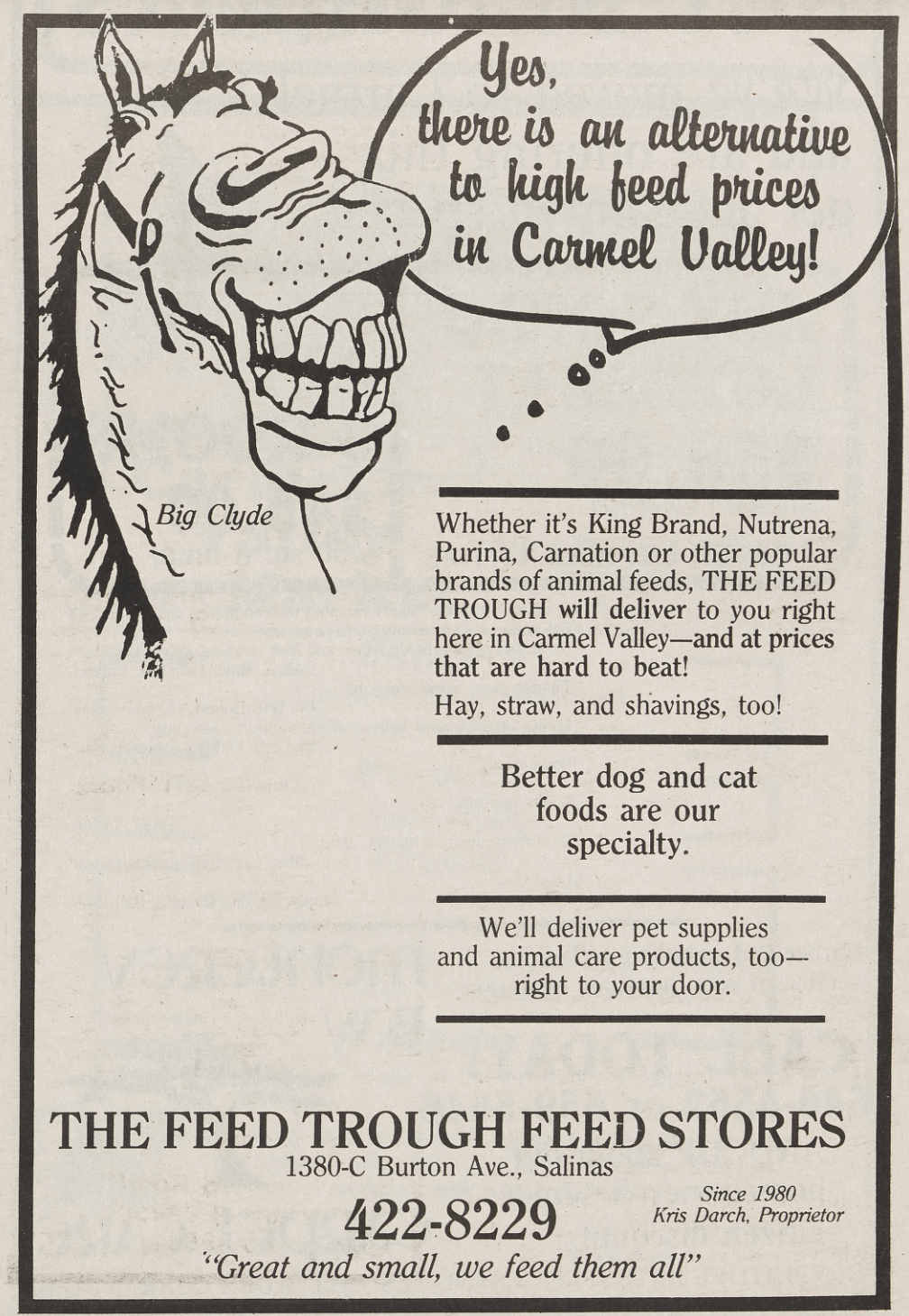
Saving The Government Billions Will Be Discussed By Commission On Waste Chairman, J. Peter Grace

J. Peter Grace, Chairman of the President's Commission on Waste in Government will be the featured speaker on October 22 at 7:30 p.m. in Keck Auditorium on the Robert Louis Stevenson campus.

Grace's talk will be on his recent commission report on how the government could cut $400 billion in unnecessary spending in three years.

Admission is $10 per person and reservations are recommended.

Call 624-1257 for further information.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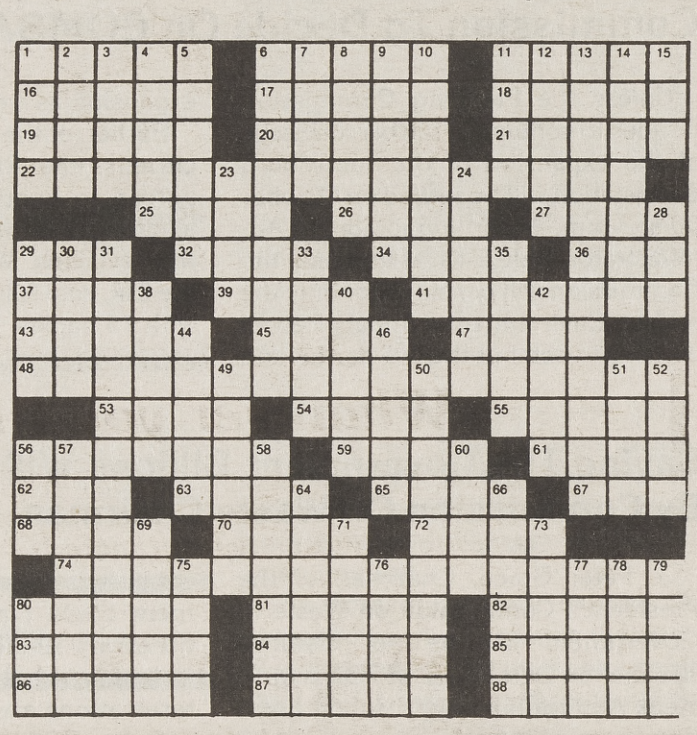
ACROSS

1 Bisset film of '83
6 Cellar stock
11 Diploma word
16 Steep
17 "_____ want to set the world . . ."
18 Desi Arnaz's autobiography
19 Paralyze a port
20 "*Ars* _____, *vita brevis*"
21 Dutch treat
22 Bank sign
25 Delhi dress
26 Grimm story
27 The tube, for short
29 Law school deg.
32 Year-end party time
34 American anthropologist
36 Diamond wts.
37 Mid-morning
39 Twixt
41 Least civil
43 Actor Burton
45 Pelvic bones
47 Binge
48 Supermarket sign
53 Miss Piggy?
54 Second-year man
55 Take care of
56 Shah Jehan's _____ Throne
59 Flunk
61 Blackjack "push"
62 Paddler
63 Summer weather stats
65 Exceeded 55
67 Ant.'s ant.
68 Throws wildly
70 Inner: Pref.
72 Erstwhile birds
74 Street sign
80 Victors' cry
81 Ol' Possum's creator
82 Incline
83 Genius
84 Gallic income
85 Zager's partner
86 Safe spots
87 Keeps in the text
88 Jam packed

DOWN

1 Kirk Douglas feature?
2 Bloodsuckers
3 Trebek
4 Opens a letter
5 Programmer's concern
6 The Conqueror's son
7 Graven image
8 Music for a baseball team?
9 Memory mechanism
10 Gun ammo?
11 *Riders of the Purple* _____
12 Supermarket carrier
13 Annette and Cubby
14 Collectable cars
15 Blotter letters
23 Bombeck
24 Shed
28 N.Y. time
29 Spirited swing
30 Movie magnate Marcus
31 His sign-off was "Peace"
33 Obstructs a creek
35 Designer clothes
38 Apple acid
40 Succumb to
42 Distributed donations
44 Where to buy a motor home
46 Oscar org.
49 He leaves lasting impressions
50 Buddies on board
51 Four Seasons hit of '64
52 Planted
56 Allan's stepson
57 They make dough
58 Acrobats
60 Spinks
64 Medical probe
66 Convertible couch
69 Over-pamper
71 Cat- _____ -tails
73 Garvey or Sax
75 Rodgers and Hammerstein heroine
76 "*Mein* _____!"
77 Russian Everyman
78 1971 film, *Fortune and* _____ *Eyes*
79 Alternatively
80 Org. for 60 Down



Dede White, Roger Williams, Bill Simms listen to Bill Parham's proposal for a service center. Photo by R.T. Nimmons.

CVPOA Board Discusses Service Center

The Service Center was the main topic of discussion at the Board of Directors meeting of the Carmel Valley Property Owners Assocaiton held on October 9. During the meeting the Board listened to proposals from Stew Clough and Bill Parham on possible service center sites.

Stew Clough's proposal was for the former Rancho Don Juan property west of Garland Ranch Park. Besides the service center, Clough proposed the development of a recreation vehicle park as well as an equestrian center.

Bill Parham's plans were for the property located next to Village Green.

The purpose of the presentations were to have both sites added to the Master Plan as possible service center sites. The Master Plan currently lists five possible service center sites which were recommended by the CVPOA Board in 1982.

The service center study committee urged the board ignore the proposed development and add both sites to the Master Plan list. However, Clough's proposal found no support among board members and the site was turned down.

Also, during the meeting it was announced that the CVPOA membership was now at 1,089. President Jerry Foote appointed a nominating committee for new directors and officers headed by Victoria Andrews. Also serving on the committee will be John Tiernan and Gene Erner. Ballots for the directors and officers will be mailed the end of December.

Chapel Preschool Held Open House

Carmel Valley Community Chapel Preschool held its annual Open House Tuesday, October 15, at 6:30 p.m.

The event included a potluck dinner, music and guest speaker Sylvia Krimsley. Sylvia has a Master of Science degree in Clinical Psychology and is a licensed Marriage, Family and Child Counselor who specializes in working with children and their families. Her topic was "Creating Healthy Independence in Your Child."

Music wsas provided by Bill Sullivan, a local musician.

CUSD Board Will Meet October 22

The Carmel Unified School District Board of Trustees will meet at 7 p.m. on October 22 at the Middle School Library.

Among the agenda items are increasing the graduation requirements at Carmel Valley High and approving classes for the Adult School.

The meeting is open to the public.

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"Thanks guys, wonderful job!" Dr. Bob Dukett, Carmel Valley.

"Looks Great! I can't believe all these spots came out!" Mike, Sly McFly's Cannery Row.

"Bee-u-tiful" Chris, The Club of Monterey.

"Looks fantastic!" KMST TV 46.

"Wonderful service, thanks again." Mrs. Campbell, Pebble Beach.

"Like new!" Mindy, Garden Racquet Ball Club.

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Unique Wine Auction Set For Monterey In December

A first of its kind wine auction, featuring magnums and large-sized bottles only, will highlight the 10th anniversary celebration of the California Wine Festival (December 8-11) on the beautiful Monterey Peninsula.

The unique auction, scheduled for the afternoon of Tuesday, December 10, at the Monterey Conference Center, will benfit the Andre Tchelistcheff Scholarships. All proceeds from the event will be used to further the study of enology and viticulture.

"It has been a privilege not only to be an annual participant in the California Wine Festival, but also to watch its continued growth and improvement over the last 10 years," says Tchelistcheff, the revered dean of California winemakers. "It is indeed a very great honor to have the premiere auction of wines in magnums and larger bottles dedicated to the scholarship fund."

All wineries in California have been invited to donate a special or rare wine, says Dr. Richard Peterson, auction chairman.

"It is my hope that the auction will help further the interest and enjoyment of our beautiful California wines," says Peterson, winemaster of The Monterey Vineyard. "And it's encouraging to report that the response by the wineries has been very good."

In keeping with the innovative style of the festival, the decision was made to include only magnums and large-sized bottles.

"I like big bottles," says John Grissanti, noted wine collector and highly acclaimed restaurateur from Memphis, Tennessee. "I am a romantic lover for larger bottles and tend to be more interested in investing in them because they keep and mature much better than regular-sized bottles."

"This auction is for a noble cause," relates Frank Stone, owner/operator of Atlanta-based Skinflints, the leading wine retail store in the South. "I like to participate in auctions in which the wines are supplied directly by the producers. You then know the heritage, how it has been cared for and you also know the winery stands behind their wine."

Registration is underway for the 10th annual California Wine Festival. In addition to the auction, the $295 registration fee offers attendees:

- a comprehensive information packet
- admittance to Sunday evening's gala reception at the famed Monterey Bay Aquarium on Cannery Row
- three days of seminars and lectures
- four meal functions
- admittance to all winetastings

Registrant information can be obtained by calling 408-64-WINES or writing P.O. Box WINE, Carmel, CA 93921. Those who desire information pertaining only to the auction may call 408-372-6211 or write 303 Webster Street, Monterey, CA 93940.

"Friends" Get A Boost Through White Elephant Sale

The Friends of the Carmel Valley Library made great strides toward the purchase of a new copy machine for the library, on October 5. The Friends, and friends of the Friends, assembled an impressive herd of White Elephants, which they arranged for sale in the library's attractive patio.

Hunting parties penetrated the patio at 10 a.m., and by 4 p.m. had captured most of the albino elephants. The few elephants which eluded the hunters were donated to a Monterey County charity, where they will probably be hunted again.

The copy machine which the Friends of the Carmel Valley Library are almost prepared to purchase, has been carefully selected for ease of operation by readers of all ages. Even school children will be able to use it in their assignments and activities.

The Friends of the Carmel Valley Library proviide a variety of behind-the-scenes assistance to the library, housed in the convenient Buckeye building. It is an admirable place to be friendly to books, librarians and to residents of the Valley.

Even if the white elephant hunt (sale) is over, stop in the Carmel Valley Library; meet a friend, and track down a good book.

Early Shoppers Need To Get Ready For The Annual St. Dunstan's Holiday Bazaar

Shop early for the Christmas holiday season at St. Dunstan's Annual Holiday Bazaar.

The Bazaar will be held November 2 from 10 a.m. to 2:30 p.m. at the St. Dunstan's Episcopal Church, Robinson Canyon Road.

Featured will be hand-crafted gifts, Christmas decorations, homemade breads, cakes, jams, jellies and some produce plus a "Treasure Table." A gourmet luncheon will also be served.

For more information call 625-7613.

ROM Dance Classes To Start

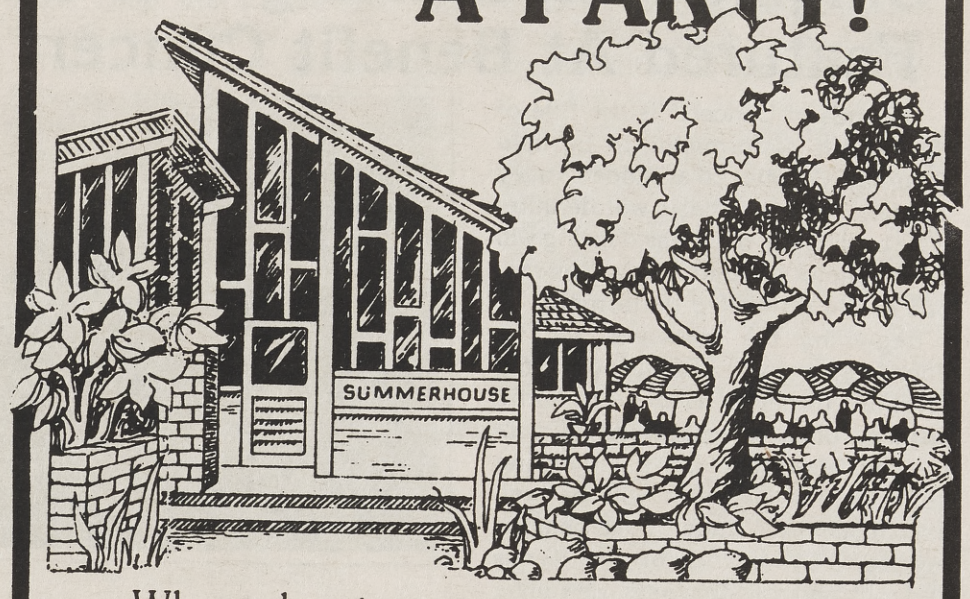
A Range of Motion (ROM) Dance class is forming now, sponsored by the Monterey YMCA. The program provides an enjoyable and relaxing alternative to traditional daily exercise and rest programs for many arthritis patients.

Participants are taught to perform basic range of motion in slow, relaxed surroundings. They develop awareness of postural alignment and body parts, diaphragmatic breathing and use of imagery and visualization.

The program is made up of two parts—the ROM Dance sequence and relaxation and pain management techniques. The flowing progression of movement is accompanied by prose and music and takes less than 10 minutes to perform as a daily exercise routine.

The class will be taught by Kay Lee, a registered Occupational Therapist. It will take place at the Monterey YMCA, 600 Camino El Estero, on Wednesday, October 23, and Tuesdays thereafter, on October 29, November 5 and 12, from 1 to 2:30 p.m. Register by calling Matt King at the YMCA at 373-4116.

LET'S GIVE A PARTY!



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Our Specialties?

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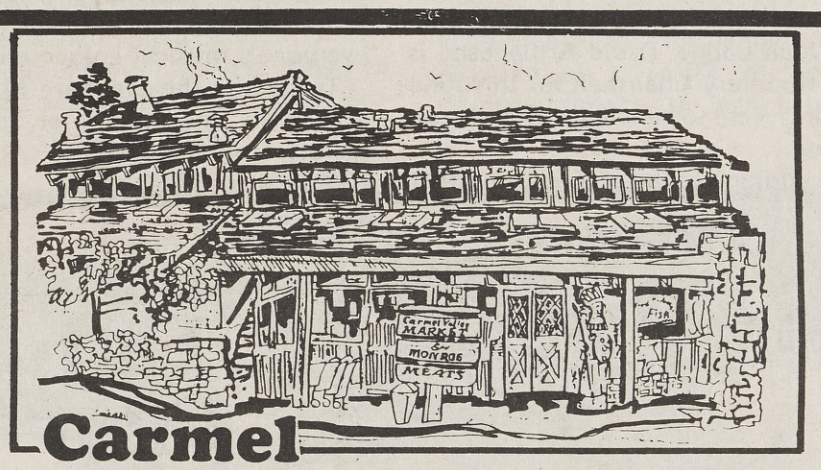

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Randy Randazzo, Owner

ENTERTAINMENT

Singing And Dancing Will Be Featured At Benefit Concert

"Friends in Concert" is the title of the benefit performance to be held Saturday, October 26 at Hidden Valley Theater. "The emphasis will definitely be on singing, of course dancing will be mandatory," said Linda Prejean, one of the scheduled performers.

Beginning the festivities will be John Prejean, who will perform some original material and sing some popular tunes, as well as some Country and Western classics. Following John on the program will be well known peninsula singer, Dave Bell. His repertoire will include original tunes and rock and roll stnadards. He will be accompanied by Ron Wright on guitar.

Linda Prejean, Barby Carter and Laura McCallum will perform Pop standards, including tunes by Stevie Wonder, Paul Simon and Billy Joel. The finale will feature "Friends" in Gospel style singing.

The show begins at 8:30 p.m. Tickets are $5 for adults and $3 for children. A selection of wines and hors d'oeuvres are included.

•

The Jamesburg Players recent production of *My Fair Lady* lost money. Attempts to reassemble the cast ran into difficulties so they decided to stage a concert instead explained Linda Prejean.

Last month, Dean and Josie Diaz held a special Jamesburg Players Night at the Plaza Linda Restaurant, which netted $400 she continued. "We want to thank everyone who participated in that evening, but especially Josie and Dean for their gracious generosity. Also a special thanks to those of you who sent private donations in repsonse to the letter in the *Carmel Valley Sun.* We have almost paid off our outstanding debts in regard to *My Fair Lady*. We now have debts of approximately $400 and we hope that receipts from the concert will cover the remaining bills," she added.

Piano Recital

Classical pianist, Ghity Corbat will present a benefit concert for the Ventana Wilderness Sanctuary on November 22 at 8 p.m. in the Steinbeck Forum of the Monterey Conference Center. Tickets are currently on sale with a general admission $10. Patron admission, $25, includes a wine and cheese reception following the concert. For tickets write: Ventana Wilderness Sanctuary, Box 894, Carmel Valley, CA 93924. For further information call 659-3231.

Alliance On Aging Benefit
Will Feature Wine And Cheese Tasting

The Grape Gambol, a wine and cheese tasting, will be held on Sunday, October 27. from 5–7 p.m. at the Carmel Valley Golf and Country Club at Quail Lodge. David Armanasco is the Honorary Chairman for this fund raising event to benefit the Alliance on Aging.

In addition to the several wines that will be offered for tasting, hot and cold hors d'oeuvres will be served. Kay Holman and Pauline Thomas, show tune and jazz pianists, will play for everyone's musical enjoyment.

Tickets for the event are $10 each. For more information or to order tickets, call Alliance on Aging at 758-0911 or 372-5102.

VIDEO VIEWS

Courtesy of Valley Video
by Jim Greenan

It's been a good week, an interesting week. A whole lot of movies seen and these films not new releases, current hot stuff, but almost random sampling from recent and not so recent unheralded cinema.

What has made the week good has been the surprising number of good pictures, the amount of excellent movies taken off the shelf that turned out to be good, to excellent.

I would guess that a majority of you know how superb a Western *The Long Riders* is, but for any of you that are not aware of its quality, just get it and watch. It's a guaranteed winner. Toward the last of the picture which follows the outlaw careers of Jesse and Frank James and the Younger brothers, there is an historically accurate shoot-out following an aborted bank hold-up. This sequence involves just about the finest action, gun-play, riding footage ever filmed. Behind the riveting action is an eerie sound track of groans and some undefinable seemingly **internal** sounds that is a touch of genius. If the American Western is your type of picture, do yourself a favor and get *The Long Riders.*

Fandango is a teenage rite-of-passage film that takes the form of a final odessey-trip of four high school friends. This video has the usual stock characters: the strong silent kid, the brooding sensitive one, the con-man and the nerd. Despite the cliched characters and somewhat predictable plot, the mix of actors and story-line works well and the movie is fun to watch. This is good brainless entertainment for a Tuesday night.

About *The Killing Fields,* Rex Reed of the New York Post said, "Powerful, Devastating, Amazing...No one with a

Continued page 13

$1.50 Movies (With Coupon Book)

New Titles In Stock:

Desperately Seeking Susan
Missing in Action II
Amadeus
Gotcha!
Passage to India
Breakfast Club
Killing Fields
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15 Movies
$22.50
Includes raffle entry for FREE VCR
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ENTERTAINMENT FROM 9:00 to 1:00
CARMEL VALLEY INN
Carmel Valley Rd. & Los Laureles Carmel Valley
Fri. & Sat. Oct. 18 & 19
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HALLOWEEN OCT. 31
BAND WITHOUT PITY
COSTUMES & PRIZES

Turkey Shoot To Be Held In Cachagua

Field & Stream magazine and the National Volunteer Fire Council is proud to announce the Second Annual Turkey Shoot Sweepstakes to help local fire departments raise needed funds. Turkey Shoots are traditional autumn or pre-holiday events held at volunteer fire departments. Eight to twelve shooters fire at a target and one will win a turkey (usually frozen). The winners of each local event will be entered in a sweepstakes funded by *Field & Stream.*

The grand prize is a trip for two to British Columbia, Canada and a Jaco "J Series 806" Pop-up Camping Trailer. Participants are eligible to win: 100 Jim Beam Model "A" Fire Engine Decanters, 3 Winchester Rifles Model 70 XTR Sporter Magnum, Nikon Binoculars, 5 Z10 Regency Electronic Scanners, 5 Whistler 5 Radar Detectors, Goodyear All Season Wrangler Radial Tires, Shimano Rods and Reels, Black and Decker Sunlance Halogen Flashlights, Skoal Long Cut Brass Spittoons, Berkley Trilene Fishing Line, and Purina Hi-Pro Dog Food.

In addition, there are other events that will take place at the Turkey Shoot. Crosman Firearms has set up a Junior Shooters event, for peole under 18—grand prize, a Crosman Air Gun. Campbell Chunky Soup will have a soup station at the Turkey Shoots to warm the shooters with nutritious Chunky Soup.

The Field & Stream NVFC Turkey Shoot promotion is sponsored by Shimano, Regency, Nikon, AT&T, Mobil 1, Skoal Long Cut, Arrow, Goodyear, Crosman Air Guns, Ford, Purina Hi-Pro, DeKuyper, Independent Insurance Agents, U.S. Repeating Arms, Winchester, Jim Beam, Jayco, Berkley Trilene, Campbell's Chunky Soup, Black & Decker, August West Systems and the National Rifle Association.

The Turkey Shoot is being held on November 2–3, sponsored by Cachagua Volunteer Fire Company. Local contact is Emil Pozzi, 659-5033 (Captain del Valle) or 659-3600 Secretary Emily Garnero.

Trail & Saddle Club Schooling Show Winners Announced

The Carmel Valley Trail and Saddle Club recently held a Schooling Show for beginners, ponies, amateurs and children. The overall winner for the event was Kristi Keldall. Other winners included Pam Charland and Cathy Fabre who tied for champion in the Pony class. In the Children's class Kristi Keldall won the high point for the day and Laura Dunstan won Reserve champion. Beginners class winners were Ken Netgorg, champion and Sara Howe, reserve. Maureen Kelly won champion in the Amateur Adult class and Tawny Jones took reserve.

The club will have a series of four schooling shows to include English and Western the second Sunday of each month. The first show will be November 10. The fee for the day will be $15.

For further information contact Margaret Lidstrom, 624-1472.

Sierra Club Outings

The Sierra Club has new outings scheduled for the upcoming weeks. Among the field trips are a hike through Garland Ranch Park, Terrance Creek Loop and a moonlight hike through the Pinnacles.

The group will visit Garland Ranch Park on Oct. 19 and includes a moderate hike with great views from Snively's Ridge. Water, lunch and sturdy shoes are recommended. Hikers will meet at Brinton's in the Carmel Rancho Center at 9 a.m. or 9;30 at the Garland Ranch parking lot. Merrill Jones is the leader, 624-3052 (eves.)

Climbing Terrance Creek and Pine Ridge Trails to Big Sur will take place on Oct. 20. This is a moderate to strenuous hike offering a beautiful view of the coast. Good walking shoes, lunch, water and a $2.50 carpool donation are recommended. The group will meet behind Brinton's at 8:30. The leader is Phil Hartman, 624-2905.

A full moon is just right for a moonlight hike through the Pinnacles on Oct. 26. Hikers will leave the Chaparral Campground at West Pinnacles around 9 p.m. and return around 2 a.m. covering 8 or 9 miles in distance. It is a moderate to strenuous hike. Water and a snack are recommended. The leaders are Gordon Williams, 372-6374 and Ann Downing.

Audubon Society Outings

Andrew Molera State Park and Jetty Road/Zmudowski State Beach are the outings planned by the Monterey Peninsula Audubon Society.

The Andrew Molera State Park outing is Saturday, Oct. 19 and includes a leisurely walk along the Big Sur River to the ocean. Participants will meet for carpooling at Brinton's, Carmel Rancho Shopping Center at 7:30 or at the park at 8:15 a.m. Bringing a lunch is recommended.

The shorebirds are expected to be abundant on Sunday, Oct. 27 for a field trip at Jetty Road/Zmudowski State Beach. Participants will meet for carpooling at K-Mart, Seaside at 7:30 a.m. or at Jetty Road at 8 a.m.

For further information on field trips call 625-0916.

Swimmers Can Try Out For Cypress Swim Club

New programs and policies were announced today by the award-winning Cypress Swim Club, in celebration of its 21st anniversary this month as one of the foremost aquatic programs on the Monterey Peninsula.

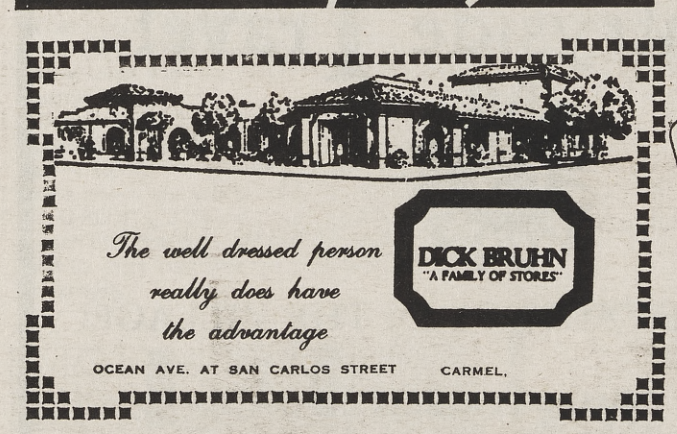
New programs to be instituted this month include the formation of a Masters program for adults, both male and female, in the 20-to-70 age group, and also special emphasis upon swimmers from 7 to 10 years of age in the newest Olympic sport of Synchronized Swimming which, since its Olympic debut in Los Angeles last year, has become increasingly popular.

Other swimmers will stil be considered depending upon their swimming skills and their interest. However, only 20 swimmers in each of the programs, regular and Masters, can be accepted, so interested applicants are urged to call 659-2446 as soon as possible for further information.

Tryouts will be held on Sunday evenings from 5–6 p.m. at the Patullo Pool (Seaside Community Center) at 1184 Wheeler Street in Seaside.

The Cypress Swim Club, coached by internationally recognized coaches and officials Donn Squire and Del Neel, has fielded district association, regional, zone, national, and international champions in its long history, most notably Gerri Brandly of Carmel Valley who, as a National, Pan-American, Pan-Pacific, and World Games Champion, earned a full scholarship to the University of Arizona as a result of her accomplishments in synchronized swimming.

Debi Effron
659-2800
Currently Exhibiting at the Carmel Valley Library
PHOTOGRAPHY
All Occasions & Events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BUSINESS

THE CHAMBER CONNECTION

by Grace Darcy
Executive Director
Of The Chamber of Commerce

October is a busy month for members of the Carmel Valley Chamber of Commerce. The excellent luncheon at Carmel Valley Inn on October 10 featuring dynamic John Hunt, Executive Director of the Economic Development Corporation of Monterey County, was well attended and very important. Most Chamber members are concerned that Carmel Valley receive some return on the Transient Occupancy Taxes paid to the County by our hotels/motels. Mr. Hunt answered some of their questions.

Our traditional Mixer at Monterey Savings/Coast Federal Savings at Mid-Valley will take place on October 24. As always, our host will be JIM CHINN, who will serve a delicious assortment of hors d'oeuvres, wine and punch for Chamber members and their guests. JIM, by the way, is seeking election to the Chamber Board.

Speaking of Elections, Nominating Chair JUDY CASWELL of JCL Word Processing has sent out the ballots and lots have already been returned. If you haven't returned your ballot, please do so as quickly as possible. Any ballots received after the deadline date listed on the ballot will not be counted. JUDY and her committee will meet shortly after the deadline date to count the ballots.

The regular Board of Directors meeting of the Chamber will take place on Thursday, October 17, at the Carmel Valley Inn at 5:30 p.m. JOHN McCORD, manager of the Carmel Valley Inn, also is running for election to the Chamber Board. As long as we are talking about the Carmel Valley Inn, I would like to thank, in behalf of the Board of Directors, CINDY FLOOD, who is such a pleasure to work with as we plan luncheons and Board meetings at the Inn. CINDY is not only friendly and cooperative, but she also is efficient and highly competent in her field. Thanks, CINDY—it's a pleasure to work with you.

•

Chamber Director NICK LOMBARDO (Rancho Canada) is running for a seat on the Water Management District, and we wish him well. SHERI and PETER COAKLEY (The Valley Lodge) back in town after a brief respite in Lake Tahoe... They just missed the snow! Kudos to ED HABER of Quail Lodge for donating 17 acres of land to the Big Sur Trust...a generous move on ED's part. NANCY HIRSCH back in town after an all-too-brief visit to London. She loved it! There no longer is a Holiday Inn, Carmel. A bright, new sign on Rio Road announces that the Holiday Inn is now THE CARMEL MISSION INN, and George's Restaurant at the old Holiday Inn has become The Topiary Restaurant. We are delighted that John Millaire will remain as manager. When you are in the mouth-of-the-Valley area, drop by and visit The Carmel Mission Inn.

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Chamber member and 5th District Supervisor KARIN STRASSER KAUFFMAN has taken an important first step toward mending fences in the long standing "feud" between the City of Carmel and Monterey County. Here we have a Supervisor who sees her leadership role as one of mediation and constructive discussion rather than lack of interest or recrimination, as has been the case in the past. Her exceptional capacity for authoritative yet compassionate peace making between opposing or disagreeing factions marks her as one of the outstanding leaders of our time.

What happens to Carmel peripherally affects Carmel Valley and, thus, Supervisor STRASSER KAUFFMAN's efforts and Carmel Mayor Charlotte Townsend's positive response to those efforts must be marked as giant steps forward not only for Monterey County and the City of Carmel, but for Carmel Valley as well.

Sometimes time has a way of kaleidescoping so that, no matter how sincere my intentions, I don't do all I should. Such is the case with BOB FRANKEL of GIFT GALAXY on Via Nona Marie. BOB and his charming spouse, MINDY, asked me to drop by to have a look at their product display, and I promised I would. Wouldn't you know, the day I was scheduled to visit them, a meeting that I had to attend lasted a full hour longer than I had anticipated...result? No meeting with BOB and MINDY. My public apology to MINDY and BOB FRANKEL of GIFT GALAXY. I *will* be by soon.

•

HOWARD and MICKEY NELSON, who are enthusiastic Chamber supporters, are now affiliated with Fox & Carskadon. It's always nice to see MICKEY and HOWARD at our Mixers and other events. The same is true of JOAN and JOHN ZIELINSI of COUNTRYSIDE PROPERTIES. JOAN and JOHN are in the forefront when it comes to helping the Chamber.

As many people as we do see, there are those who, for one reason or another, have not been able to participate lately. We *do* miss A.J. STOTLER (ComSat), GEORGE BISHOP (Animal Hospital at the Crossroads), CARMEL and JIM BILLEB (Village Business Service), MILT STEIN (Valley Video), FRAN WRIGHT (The Chatterbox), HEIDI MIGUEL (The Summerhouse), JEANELLE KAMINSKE (Carmel & Valley Realty), JAN McCOOL and RICHARD COHEN (Kinetics), BILL BROWN (Carmel Pine Cone), RICH HOLINE (Baskin-Robbins), DAN GLADNEY (M.J. Murphy, Inc.), BONNIE LYNCH (Ahoy There), SIDNEY SUE SLADE (Green & Slade), and many other fine business people in the area. We hope they will be with us soon again.

•

That's it for this time...see you next issue.

FACE TO FACE

by Dan Derr
Designer/Photographer

Although most of my esthetic concerns and endeavors are visual, there have been those moments (and years) in the audial strains. The early days of rock had courted my attention, evoking several instruments, much arranging (IF you CAN structure rock), and some production. That was the fifties and sixties-pre-Beatles.

The seventies got pretty milk-toasty with the advent of a lot of easy listening FM stations. The avante garde became anybody's game, UNTIL the children of all that grew up. NOW they're nasty, gnarly, naughty, and in threat of government intervention. It used to be that "banned-in-Boston" was enough to solidify a hit. Currently you'll have to get the Surgeon General's kibash to make the Top Ten. The Senate Stomp is not a new dance, just a new Gestapo boot, with a McCarthy chorus.

Like Playboys, prophylactics, and puberty, some things are bound to be discovered by youth. Music, in ANY form is always enticing—from Pan's flute in the forest of the nymph, to audio/video erotica of today's airwaves. Censorship, at its loosest points still causes curiosity because it still exists. The only cause for alarm is the inner realization that parents and the world at large have *not* done their job at educating their offspring, and must cover up their own mistakes by censorship. It is OUR music that our children are listening to—it evolved from our desires, needs, and protests. But our kids are buying it, and listening to it as though it were our edict to them. But then we turn around and say, WHOOAA, we made a mistake, give us back that candy bar. WE thought Zappa was great and unique, but we don't want our daughters to marry one. The hypocrisy we so valiantly fought, we now fumble through, and facilitate its "adjustment" to our own ends, i.e. the control of our out-of-control children. Good lord, *I* don't want a Cyndi Lauper in MY cradle, or a Madonna on MY mantle.

I remember a cartoon of the sixties: a "hip" couple were sitting on a pad in their "pad," complete with wine bottle, guitar, sandals, and all the trappings of their "culture." Their child was going out the door, obviously off to school or similar venture. However, the child was dressed in a business suit, with attache case. The caption was simply, "Where did we go wrong?"

Today, esthetics are defined by needs. Our "younger generation" was created by choice, given the option by virtue of the pill, IUD's, and the like. No one HAD to have children during the past twenty years. It was all by choice. And in that choice we included a lot of factors of type, attitudes, even physical characteristics (genetic engineering occurs *outside* the test

Continued to page 11

Countryside Travel

John Zielinski CT Caroline Tugel

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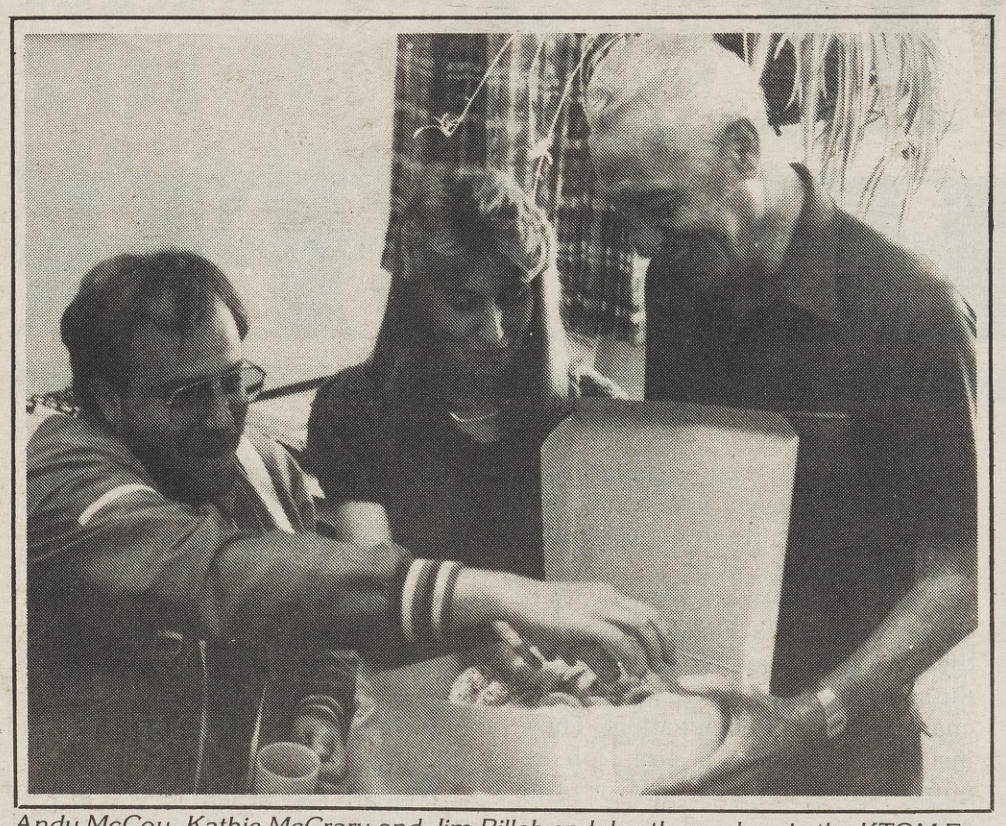

Andy McCoy, Kathie McCrary and Jim Billeb endulge themselves in the KTOM Eye Opener.

Ready For An Eye Opener

"I had to meet the voice over the radio that wakes me up every morning," said Kathy McCrary of the Village Business Service. Her mystery voice was that of Andy McCoy of KTOM radio, who is on the air from 5 to 9 a.m. As the October 11 winner of the KTOM Eye Opener, Kathy got her wish.

The KTOM Eye Opener is a drawing sponsored by the radio station. Every Thursday McCoy draws from the numerous business cards sent in by listeners and pulls out a winner. On Friday, he and Promotions Director, Bob Squires, visit the winners place of business bringing the KTOM Eye Opener.

"We bring cups, coffee, cream and sugar. The whole works," said McCoy, who explained the promotion was an opportunity to get together with listeners, face to face."It's a fun way to get out and meet people. Only fun loving people do this." he added.

KTOM began the contest in August said Squires and Kathy was among the first to submit her business card. Those interested in trying for the KTOM Eye Opener can send their business cards to: KTOM, P.O. Box 81380, Salinas, CA 93912.

Face to Face

continued from page 10

tube, too) by our psychic intent at conception, training in our child's early years, and involuntary influence when most of us went through the marital changes of the seventies—when our children were aware of everything that was going down. And in those minds and bodies we created the needs for current esthetics, emotional compensations, for the double, the questions, the paradoxes we left on the coffee table (whereas prior generations of parents left them in the closet). Our children need what they're getting in media; we just hate to admit it. And repression is our only recourse to cover up our own mistakes. OUR grand experiment may have failed miserably, but our children have taken its results seriously, and are beginning to create their own. Government control of what WE turned loose, and what our children now embrace, will not, under any circumstances, bury a dying sense of values. Our children must be allowed to play with the bones, possibly find a news hollow log, hopefully begin to strike new notes, and adopt a new drummer to follow. And if the pelvis follows a new Elvis, let us listen to the song, not to its criticism, but to prepare the proper shoulder to catch the tears of new mistakes, from a new generation of warriors of the soul.

SIGN LANGUAGE

Re 18 Across: Reportedly, when asked why he titled his autobiography *A BOOK*, Arnaz replied, "What would you call it—A Pencil?"

T.S. Elliot's *Ol' Possum's Book of Practical Cats* (81 Across) was the basis of the Broadway musical *Cats*.

Denny Zager and Rick EVANS (85 Across) recorded "In the Year 2525" in 1969: the song was #1 for six weeks that summer. Zager and Evans never had another Top-40 song.

A U-BOAT (12 Down) is a dolly with a handle at each end, resembling a two-sided hand truck, used to carry cartoned merchandise from the stockroom.

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Vision After 40

Drs. Irving and Kim Hartford

Presbyopia is a vision condition in which the eyes' focusing ability has gradually decreased so that vision at normal reading distance is blurred and difficult. A person with presbyopia usually comes into our office complaining that somehow his or her arms have gotten too short to read anymore! This happens to virtually everyone and is due to the normal aging process. It cannot be prevented, but can be corrected.

The age at which presbyopia occurs varies from person to person, but usually a decline in focusing ability becomes noticeable between the ages of 40 and 45. Although the decline is much more apparent and seems to suddenly occur at that age, the eyes' focusing ability actually begins to decrease during late childhood.

Common signs of presbyopia include: blurred and uncomfortable vision at normal reading distances, a tendency to hold reading material farther from the eyes, headaches, and fatigue or difficulty in concentrating while doing close work.

Nowadays there are many ways to correct presbyopia. First and foremost, the eye doctor takes into consideration the specific visual needs and individual characteristics of each patient. These include the patient's size, job requirements, hobbies and routine activities.

Single vision reading glasses are sometimes prescribed but, since reading glasses, while being worn, will cause distance vision to blur, bifocals, trifocals, or other multifocal lenses are often prescribed to improve and/or allow both near and far vision in one pair of glasses. Multifocal lenses are particularly helpful to people who must see clearly at several distances due to routine activities, recreational or occupational requirements. There are several different types of multifocals available—some with lines and other with no line at all. Those with no line are called blended or progressive addition lenses. Many people prefer these lenses because you cannot see a bifocal line, yet you can enjoy the benefits of having a bifocal.

Sometimes eye doctors correct presbyoia by fitting contact lenses. This is done with bifocal contact lenses or by fitting one eye for near vision and the other eye for distance vision.

After the age of 40 lens changes are often necessary. This is because the decline in focusing ability can be corrected only as fast as it occurs. As focusing ability decreases, stronger lens correction for close work is required periodically.

Normally vision goes through a gradual cycle in which most of the focusing ability is lost by about age 65 or 70. At that time, vision stabilizes and frequent lens changes are not necessary. Periodic eye examinations are a good means of diagnosing presbyopia and ensuring clear, comfortable near vision.

Janet Hurley To Present Lecture Series On Recovery

Janet Hurley, Marriage and Family Therapist and well known in the field of substance abuse and recovery, is currently offering a lecture series on issues in recovery.

Each lecture is from 6 to 9 p.m. the second Sunday of each month at the Pacific Grove Community Center. Topics are: "Enhancing Love Relations *In Recovery (Nov. 19), "A Threat To* Relapse: Dry Drunk Or Co-Dependency?" (Dec. 8), "Multiple Addictions—Multiple Recoveries" (Jan. 12), "Resistance To Full Recovery" (Feb. 9), "Spirituality And Recovery" (March 9).

Individual tickets are $6. Funds raised by the series will be donated to Beacon House for its ongoing program. For further information call *373-2334.*

Arthritis Foundation Will Sponsor A Forum On Lupus

Annually, in October, the public's attention is drawn to Systemic Lupus Erthematosus, one of the most serious and misunderstood of the rheumatic diseases.

The Arthritis Foundation will sponsor a forum on Lupus on Wednesday, October 23, from 6 to 8 p.m. at Salinas Valley Memorial Hospital, Employee Cafeteria, 450 East Romie Lane.

Jerry H. Ginsburg, M.D. will present "Diagnosis and Management of Lupus" and March Lieberman, M.D. will speak on "Living With Lupus, The Patient's Perspective."

The public is invited to attend this free presentation. To get more information, call the Arthritis Foundation at 373-6664 or 757-9977.

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American Heart Association

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Consumers today can be inundated with food labeling terminology like saturated, unsaturated, polyunsaturated, and monounsaturated. Claims made by food manufacturers can be confusing and, in some cases, misleading.

The American Heart Association (AHA) recommends a diet **low** in cholesterol (a waxy substance that can build-up in the walls of the arteries) and **low** in saturated fats. Saturated fats tend to raise the level of cholesterol in the blood. They are found in most animal products, and in some vegetable products. Coconut oil, cocoa butter, and palm oil (used in prepared cookies, pie fillings, and most non-dairy milk and cream substitutes) are examples of vegetable products high in saturated fats. Butter, cream, whole milk, and cheeses made from cream or whole milk also contain saturated fats.

A chemical process called *hydrogenation* can be used to change liquid fats to solids. This is the process used to harden some liquid vegetable oil margarines and vegetable shortenings. Hydrogenated fats should be avoided or used in moderation. Many liquid vegetable margarines contain *partially hydrogenated* oils and liquid oils. When selecting a margarine, choose one that lists the first ingredient on the label as a "liquid vegetable oil," and refers to the term "partially hydrogenated" in the second or third ingredient. A margarine that lists its first ingredient as a "hydrogenated oil" should be avoided.

Polyunsaturated fats tend to lower the level of cholesterol in the body. Polyunsaturated fats are usually liquid vegetable oils. Oils such as corn, cottonseed, safflower, sesame seed, soybean, and sunflower seed are high in polyunsaturated fats. The AHA recommends that these type of fats be included in the diet as a substitute for some of the saturated ones.

Olive oil and peanut oil are also vegetable oils, but they contain primarily *monosaturated* fatty acids. These products are examples of oils termed *monounsaturated* fats. They can be used in food preparation for occasional flavoring. They also tend to lower blood cholesterol, but not to the same extent as polyunsaturated fatty oils.

The American Heart Association's dietary guidelines sugest that only 30 percent of the daily caloric intake come from fats. At least 10 percent of that fat should be from polyunsaturated sources, and no more than 10 percent from saturated fats.

Video Views continued from page 8

heart, a mind and a conscience should even think of missing it." That sums up and says succinctly what I think of this film. Get it for sure!

Educating Rita stars Michael Caine and Julie Walters in yet another version of *Pygmalion.* In this, Caine plays a disillusioned alcoholic professor of literature at a British university, who draws Walters as a student. Walters as Rita is a young working-class woman who is desperate for education and more from life. In the process of educating Rita, Caine is forced to face the deterioration of his own life and in the end, finds renewed hope and purpose. This is a very good movie, an intelligent comedy that builds a sensitive and moving relationship between the two characters.

Paris, Texas almost defies description. The movie opens with its lead actor, Harry Dean Stanton, walking across Texas with a strange, single-minded intensity that immediately is absorbing. Why does he walk so, ignoring road, deserts and mountains? What is he walking toward, or what is he walking from?

Both are true; and Nastassja Kinski, the beautiful Ingrid Bergman look-alike, is both the goal and the past. *Paris, Texas* is an off-beat, unusually effective movie—one that qualifies as terrific entertainment and a high level of art. Harry Dean Stanton gets the Carmel Valley Oscar for his personna and performance.

This week was wonderfully finished off with Humphrey Bogart's *Key Largo, African Queen* and *Treasure of Sierra Madre*, David Niven and Errol Flynn in one of the great flying pictures ever made—*Dawn Patrol* (the other is *Hell's Angels*), and *Gunga Din* with Victor McClaugin, Cary Grant and, who else, David Niven.

These are films which can be reasonably called great. Marlon Brando once said in an interview that no picture and no actor could be called great. Respectfully, I disagree.

Chemical Addiction Workshop Will Be Offered By Recovery Center

A workshop on chemical addiction is scheduled from 1 to 2:30 p.m., Tuesday, October 22, at the Recovery Center. The free session will be conducted by Lee Jampolsky, Ph.D., outpatient program coordinator at the Recovery Center. A carefully planned intervention can break through the disease of chemical addiction and open the door to recovery. Interventions can be arranged without cost to friends or family members of the chemically dependent person, through the professional staff of the Recovery Center.

For more information, please call the Recovery Center at 373-0924.

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PEOPLE ARE READING

News from the Carmel Valley Library

by Barbara Donley

NOW AVAILABLE

***indicates current best sellers**

1. *The Knight in History* — Frances Gils
2. *Bosom of the Family* — Evelyn Harter
3. *Converts* — Ian Watson
4. *The Red Fox* — Anthony Hyde
5. *After the Reunion* — Rona Jaffe
6. *Opening Night* — Janet Burroway
7. *Most of My Patients Are Animals* — Robert Miller
8. *Storms & Son* — Anthony Caputi
9. *Cops* — Mark Baker
10. *Travel Easy* — Rosalind Massow
11. *Everest, the Unclimbed Ridge* — Bonnington & Clark
12. *The Intertidal Wilderness* — Anne Wertheim
13. *Happy are the Meek* — Andrew Greeley
14. *Honorable Men* — Louis Auchincloss
15. *The Electric Woman* — Marabel Morgan
16. *The Accidental Tourist* — Anne Tyler
17. *Ghost Train* — Stephen Laws
18. *Family Linen* — Lee Smith
19. *The Good Terrorists* — Doris Lessing
20. *San Andreas* — Alistair MacLean
21. *The Long March* — Harrison E. Salisbury
22. *House* — Tracy Kidder
23. *The Kingdom of the Wicked* — Anthony burgess
24. *The Magnificent Spinster* — May Sarton
25. *The Secrets of Harry Bright* — Joseph Wambaugh

BOOKMARKS

by Grace Darcy

It isn't often that one has an opportunity to review an outstanding book by a local author. This past week, I had that opportunity.

The book, *The Working Woman's Stress First Aid Handbook,* (Angel Press, $5.95) is a 61-page gem that every woman (men would benefit, too) should carry with her all the time. The author is BEE EPSTEIN, Ph.D., noted educator, professional speaker, author, and Carmel Valley resident. I would be surprised if the book did not make the Best Seller list. We all have read through pages of stress-reduction books only to discover that they haven't helped at all. Here, for a very reasonable price, Dr. Epstein has given us the benefit of personal wisdom in combatting stress along with instructions for using the Handbook, and space in the back of the book for writing down personal stress reduction commitments to ourselves.

Dr. Epstein does not define stress. She writes, "The *Stress First Aid Handbook* provides very little information on what stress is. . . becuse there are many fine books on stress that cover the topic in great length." What she does tell us is how to develop an Action Program for handling stressful times as well as long-term strategies for healthful, low stress living "that will give you the positive energy to function productively."

Dr. Epstein carefully pinpoints the daily stressors that affect women and offers not only First Aid for those stressors needing immediate attention, but also a plan for helping women achieve a low stress lifestyle."

The *Stress First Aid Handbook* contains instructions on how to assess your stress level, how to achieve a low stress lifestyle, how to identify stress potential events, how to recognize your own value as a human being, and much more.

Consider this . . . "The ultimate key to stress management is a balanced life. This comes from work that gives life meaning and challenge (this can be the work of making a pleasant home for your family), leisure to renew yourself through relaxation and joyous play, people you care for and who care for you to confirm your being, and a sense of gratefulness for who you are and what you have."

Dr. Bee Epstein has written an outstanding book that offers far more than pat stress management solutions. Indeed, the book projects the author's own philosophy of living that will assure a "long, healthy, productive, satisfying life" which, Dr. Epstein insists, we all deserve.

If you cannot find a copy of *The Working Woman's Stress First Aid Handbook* in your local bookstores, please contact Dr. Bee Epstein at 625-3188. This could be the most important telephone call you will ever make.

Book Fair Will Offer Bargains

The twenty-fourth All Saints' Church Book Fair will open at 10 a.m. Saturday, October 19, in the Parish Hall, Lincoln and Ninth Streets, Carmel. The sale continues until 3 p.m. Saturday and again on Sunday from 11:30 a.m. until 2 p.m.

"The Fair offers offers several thousand books and records at bargain prices," co-chairman Betty Neill points out. In addition to Neill, Jeannine Dyer, the other co-chairman, and Virginia Williams are also in charge of the sale.

On Saturday only, lunch, snacks and baby-sitting will be available. Customers are urged not only to stock up for rainy day reading but to buy books as gifts for other readers.

Bookmark Contest Winners Announced

The Monterey County Library has announced the winners in the Third Annual Bookmark Contest which was held by the library during the month of September. Out of 20 winners in three age group categories, the only one from Carmel Valley was Valerie Herbert in the 8-12 year old group.

The winning bookmarks are now being printed and will be distributed at all County Library branches during Book Week November 11-17. Book Week has been sponsored since 1919 by the Children's Book Council, a non-profit association of children's book publishers, which supports projects and programs important to children, and to those working with children and books.

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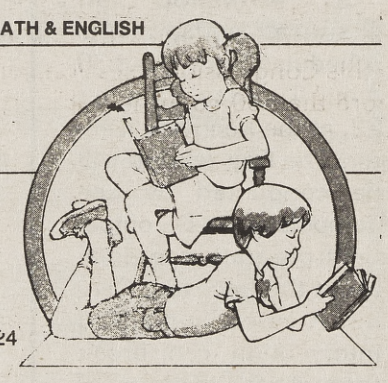

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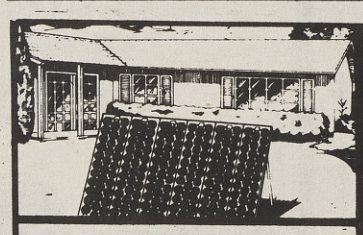

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Agonizing Killer

by Mary Tesoro

"One day, I saw a large beaver, a front paw caught in a leghold trap. The paw was no longer covered with skin or flesh, the bone was visible, naked and white. At my approach, as the beaver struggled desperately to free itself, the bone broke with a sickening sound." This trapper's testimony is documented in a color leaflet put out by The Society for Animal Protective Legislation.

The trapper is describing the victim of a simple, cheap, barbaric device invented in the early 19th century—the steel-jaw trap. Its torture level is so great that 60 countries have banned it. The United States of America is *not* among them.

More often than not, animals struggling for freedom succeed only in tearing the flesh, snapping the bone, or breaking their teeth against the hard steel of the trap.

Thousands of traplines, laid across every state in our nation, elicit terror, pain, and despair from each of their victims. And the jaws of the trap are non-selective; they will spring shut on anything that steps into themm. According to U.S. Department of Interior statistics, *more than two of every three animals caught in leghold traps are non-target, or what trappers refer to as "trash." Dogs, cats, even children have stumbled into these gruesome traps.*

The animals caught in the traps are victims of a greedy and ruthless fur trade that feeds on human vanity. To those who have seen documentary photos of animals crushed in the gruesome jaws, a fur coat can no longer be a status symbol.

"It is impossible for me to understand how our civilization and culture can tolerate the use of the leghold trap," wrote Samuel M. Peacock, Jr., M.D., an Associate Professor at Jefferson Medical College, in a recently published letter.

"Hopefully the growing awareness of the excruciating pain that this device inflicts upon animals will be accompanied by legislation to outlaw its use," said Leo J. Hickey, director of Yale University's Peabody Museum of Natural History.

Three-fourths of Americans disapprove of the steel-jaw trap, revealed a Yale University survey. Animal protective organizations throughout the U.S., Canada, and the whole world are appealing to all such people to help end the torture of the persecuted furbearers. With the solid support of the American public, the U.S. could, in this Congressional session, join the more than 60 countries who prohibit use of the steel-jaw trap. It is time to end the long reign of this outrageous, barbaric, and agonizing killer.

How You Can Help Ban the Steel-Jaw Trap

A bill to end the use of the steel-jaw trap has been introduced in the 99th Congress. H.R. 1809, sponsored by Congressmen Tom Lantos (D, CA) and James Scheur (D, NY) would prohibit the interstate and foreign shipment of the steel jaw leghold trap and the fur from animals caught in it. At least 70 other representatives have also joined in sponsoring the bill.

"To help the pitiful animals agonizing in the jaws of the steel-jaw trap," said Christine Stevens of the Society for Animal Protective Legislation in a recent bulletin, "there are *two major letters* you should write NOW."

1) Write Chairman Henry Waxman (D, CA) urging him to schedule hearings soon on H.R. 1809. Thank him for the excellent hearings he chaired last August on a similar bill. Tell him how much you want to see H.R. 1809 enacted into law immediately. (The earlier the hearings, the better the bill's chances of overcoming the obstacles set in its path by such organizations as the National Trappers Association and the Wildlife Legislative Fund of America.)

2) Write to your own Congressperson and urge him/her to become a co-sponsor of H.R. 1809. Ask your friends and neighbors to write also. It is vitally important that the bill have a very large number of co-sponsors. All representatives, including Chairman Waxman, can be addressed: House Office Building, Washington, DC 20515.

In the Senate, Senator Charles Mathias (R, MD) has introduced S. 1368, a companion bill to H.R. 1809. According to The Human/Animal Liberation Front (HALF), "The problem with getting Senators to co-sponsor this legislation is that Senators' constituencies cover full states and therefore many varied interests . . . There is not a single Senator who does not have trappers as constituents."

HALF reported that Senator Cranston was the only co-sponsor of this bill in the last Congress. "Senator Cranston has announced that he will not co-sponsor the bill again since he is up for re-election in '86. This is very alarming since the 71 year old Senator has been in the Senate since 1969, has served as Democratic whip, and is rather respected."

Fearing that this may start a trend, HALF is asking all Californians to write Senator Cranston voicing their concern. "We must convince our legislators that they will be rewarded for pro-animal action, and thus, they must not be afraid to take a pro-animal stance." Senator Cranston can be addressed: U.S. Senate, Washington, D.C. 20510.

The Society for Animal Protective Legislation will send flyers free of charge for you to distribute. Write SAPL, Box 3719, Georgetown Station, Washington, DC 20007.

SPCA To Hold Wildlife Training Class

The Monterey County SPCA will hold a wildlife training class on Saturday, October 26, from 10 a.m. until 3 p.m. at the SPCA education building, 1002 Highway 68.

The class will be taught by Lisa Hoefler, Director of the George Whittell Wildlife Rehabilitation Center, and Dr. Mike Murray of Coast Veterinary Hospital.

There is a $10 fee for non-SPCA members (which includes a membership to the SPCA) and the class is offered free to current SPCA members. The class is open to all ages. Upon completion, students will be eligible to volunteer at the wildlife center if they are 21 years of age or older.

Students should bring a lunch the day of the class. Call the MCSPCA at 373-2631 or 422-4721 to reserve a place in the class.

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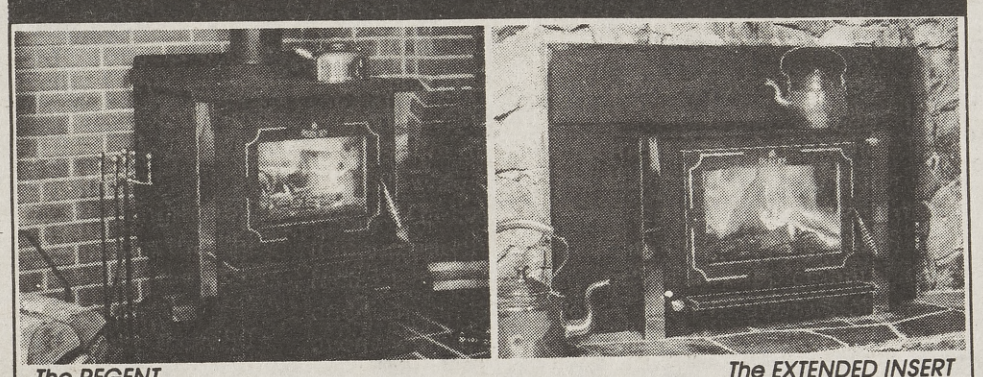
Carmel Valley Road

Clinics held rain or shine! Look for the big yellow sign!
Fast, Friendly, Quality Service

WE'RE PROUD . . .



The REGENT *The EXTENDED INSERT*

TO CALL THEM "FRIENDS"

And their owners are, too. Because Osburn woodstoves and fireplace inserts never let you down. They're there when you want to save on heating dollars. When you need to warm your home efficiently and safely. Quality so high, performance so efficient that every model (stoves and inserts) have earned certification to Canadian and American standards.

See **Bill Smith** at
ENERGY PLUS
And **SAVE** up to **$100.00** on installation
(Showroom)
26362-A Carmel Rancho Lane
Carmel Rancho Shopping Center, Carmel, CA
625-1200 or 625-1201

OSBURN™ Nice Warm Friends

SEPTIC SYSTEMS Golden Valley & EXCAVATING

★ **RADIO DISPATCHED** ★

- Complete sewer, septic and drain line servicing
- Complete septic tank pumping
- New installations and repair of existing systems
- New pump systems and maintenance plans
- Drainfield and seepage pit installations
- Complete snaking service and electronic location of lines
- Peninsula distributor for Fiber Erectors fiberglass tanks Septic•water•vaults

Dan Weiss
9 Delfino Place
Carmel Valley, Ca. 93924

659-2539

State License No. 342261

Residential - Commercial - Industrial
Also, tractor work, truck hauling, rock, sand, D.G., diamond saw cutting, and air compressor work.

Complete Real Estate Loan Inspections

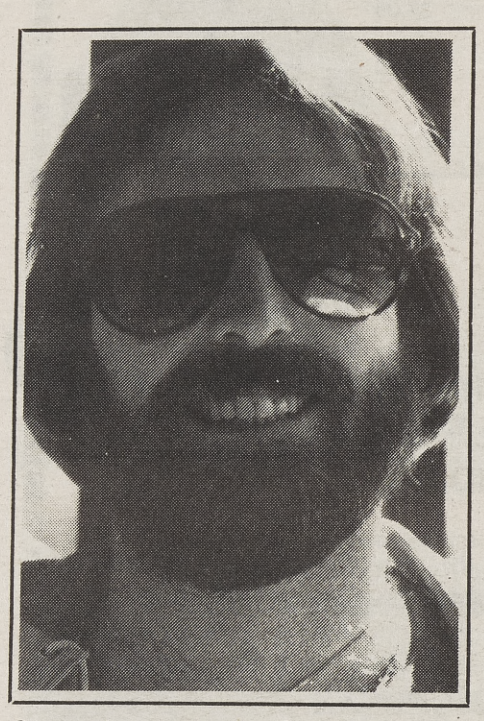
Pacific Coast Excavations

* Grading * Trenching * Paving
* Septic Systems * Drainage Work
* Oil & Gravel * Pipe Lines
LIC NO. 457828
FREE ESTIMATES
P.O.Box 161 Carmel Valley Ca. 93924
Call 659-4033 or 659-2237

VALLEY VOICES

Photos by Debi Effron.

Give me a cozy thought.



Steven Loutherback—Resident
"Warm fire, glass of wine, laying on a bear rug with fluffy pillows and my girlfriend and Smokey Rose (my cat) nearby."

Deborah Furletti—Carmel Valley Market
"Laying in bed with a ton of pillows eating Godiva chocolates."

Tricia Collins—Carmel Valley Market
"Sitting by a fire by candelight with champagne and your lover."

Roger Pellett—Grapevine Deli
"Sitting by the fireplace with a bottle of wine with the one you love."

TRADING POST

SERVICES

Judy Rowley's Home Animal Care visiting pet care while you're away. 659-4609.

Furniture refinishing & repairing, antiques & modern, complete restoration, kitchen cabinets. Pick-up & delivery. Star Refinishing Co. 1-Delfino Rd. C.V. Village 659-3019.

Monterey Bay Carpet Care. Conscientious carpet & upholstery cleaning. Look for display ad page 6. 659-5646 & 646-4552.

Montessori School of CV has ½ & full-time openings for children 2½-5 yrs. AM & PM child care avail. & new afternoon program for kindergarten age. 624-5381.

FOR SALE

Chinese Shar-pei. Rare, beautiful, registered, show potential puppy. Photos 916-331-6018.

HELP WANTED

Tennis instructor 1 H/week in Village. Good with child. Phone Fri. 5:30-6:30 624-8976.

WANTED experienced house keeper. 659-4077.

RENTALS WANTED

JUST WHAT YOU WANTED. Relocating single executive needs nice mid-valley apt, condo, gst hse, 1 or 2 bdrm starting mid-December. GREAT LOCAL REFERENCES. I AM THE RIGHT ONE FOR YOU (415) 931-6589.

1 bdrm guest house/apt. wanted in Carmel/CV by mature, quiet, clean, non-smoking professional male. 625-0345.

RENTALS

Weekly rentals $225-up. TV, pool, etc. Robles del Rio Lodge 659-2265 or 659-3705.

One bedroom house on Carmel Valley River. Available Nov. 13-Dec. 11. $550 b.o. Steven 659-3259. References.

PERSONALS

I am an intelligent, independent, honest 33 yr-old woman who is physically disabled, who is looking for male companionship. If you are interested, please write to me: CS, c/o CV Sun, PO Box 744, CV 93924.

Classified Advertising

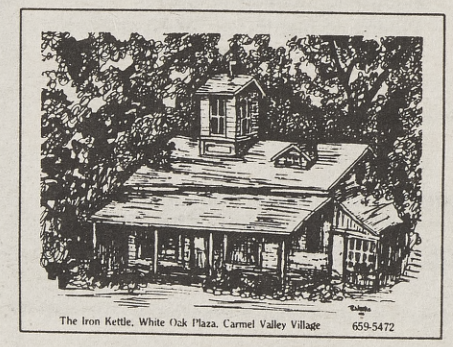
Ads run $1 per line

Tastefully Yours
Catering by Nancy

"Known in the Valley for her pastries as well as staging catering events at Hidden Valley—Nancy's delectables are simply mouthwatering."

659-2379

Nancy will cater cocktail parties formal sit-down dinners, weddings and desserts for your party—



IRON KETTLE
LUNCH 11-2:30/TEA 2:30-5/DINNER 5-8:30

Homestyle Lunches

Devonshire Tea
tea, scones, whipped cream & jam

659-5472 Reservations
Also Available for Private Parties
White Oak Plaza, Carmel Valley Village

DINNER IS SERVED

Including Fresh Vegetable Basket with Creamy Dill Dip, Soup of the Day and Tea or Coffee.

Wed.	Thur.	Fri.	Sat.	Mon.	Tue.
16 Soy-Honey Glazed Pork Spareribs with Steamed Zucchini & Baked Tomatoes Stuffed with Rice	17 Fruited Pot Roast with Baked Potatoes and Beans Julienne	18 Fish Stew American with Garlic French Bread & Tossed Green Salad*	19 Chicken P… Chablis … Baked Po… Green P… Julienne with …vered Almonds FULLY BOOKED	21 Boneless Stuffed Turkey with a Super Vegetable Casserole of Fresh Yams, Beets, Limas & Tomatoes	22 Roast Veal with Orange Sauce, Glazed Onions & Julienne Carrots & Snow Peas
23 Baked Chicken Marsala, Buttered Egg Noodles & Fresh Peas	24 Baked Ham with Pineapple/Cranberry Sauce, Sweet Potatoes & Broccoli with Herbed Butter	25 Seafood Kabobs on Blushing Rice, Garlic Bread & Lettuce & Watercress with Spicy Dressing	26 Corned Beef with Our B-B-Q Sauce, Boiled Potatoes in Parsley Butter & Steamed Cabbage	Sunday Brunch 27 10-2 We look forward to seeing you this and coming Sundays!	29 Spicy Roast Beef & Gingersnap Gravy Boiled Potatoes & Pureed Lima Beans

*Tossed Salad Substituted for Vegetable Basket